

Devon Public Health Nursing Service (School Nursing) in Primary Schools

Dear Parent/Carer

We would like to take the opportunity to update you about the School Nursing service and how we might be able to support you and your family at this time.

Your School Nurse team works within schools and the wider community to:

- Provide health advice and support to help children and young people to achieve their goals and make the best of their education.
- Provide advice and support to parent/carers and schools.
- Support children and young people to look after their own health.
- Direct children and their families to the right services.
- Undertake review of growth as part of the National Child Measurement programme (Reception and Year 6).
- Identify health needs and trends at a community level to inform current and future services and allocation of resources.

As a parent/carer you can talk to the School Nurse about any health concerns for your child which may include:

- Healthy eating, exercise and/or growth (including weight)
- Going to the toilet/having toileting accidents (bladder and bowel)
- A medical condition or a worry about their health
- Feelings and emotions
- Sleep
- Feeling safe/unsafe around family or friends at home or in the community
- Starting school, moving schools, changes at school, or not attending school
- Special Educational Needs and disability (SEND)
- Sexual health and relationships (including gender and identity)
- Smoking/vaping, alcohol and/or drugs



When we work with families, confidentiality and information sharing will be discussed with you. If we're worried that someone might be suffering significant harm or is in danger, we'll share information following safeguarding procedures.

How to contact

- Request support from a School Nurse using our [online form](#).
- Contact us via the locality PHN hub (if you're not sure which team to contact use our find a school nurse option at <https://www.healthforkids.co.uk/devon/school-nurses/>)

Exeter and Crediton area	exeterphnhub@devon.gov.uk	T: 0333 234 1902
South and West Devon (Teignbridge, South Hams and Tavistock area)	southernphnhub@devon.gov.uk	T: 0333 234 1901
North Devon, Torrington and Okehampton area	northernphnhub@devon.gov.uk	T: 0333 234 1904
East Devon, Tiverton and Cullompton area	easternphnhub@devon.gov.uk	T: 0333 234 1903

You and your child can find more information online at:
www.healthforkids.co.uk/devon.

Psst! Parents!
 As well as enjoying the content with your child, you can get advice on supporting their health and wellbeing.

www.healthforkids.co.uk/Devon

ChatHealth
 Text a school nurse for confidential advice and support.
07520 631721

Or scan the QR code for further service contact details.

Text us for advice or support via our parent/carer texting service:

IF YOU ARE A PARENT OR CARER

You can text a Health Visitor on
07520 631 721

We can help with all kinds of things like....

CHILD HEALTH & MENTAL DEVELOPMENT HEALTH
ADJUSTING TO SLEEP & FEEDING ROUTINES
PARENTING
TOILETING & CONTINENCE
FAMILY HEALTH

Text us for confidential advice & support

