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Fresh Ideas Feeding Mind

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Autumn/Winter

Allergen Aware Menu 2024/2025

Putting children at the heart of everything we do

75% of all our meals are made from scratch, using local & seasonal ingredients.

Look out for our themed special menu days on the school website

Our Special Allergen Aware Menu

is free from **13 of the 14 common allergens** <u>other than Fish</u>,

Available every day in every school.

ALLERGIES/INTOLERANCES

Does your child have an allergy, health condition or special dietary requirement?

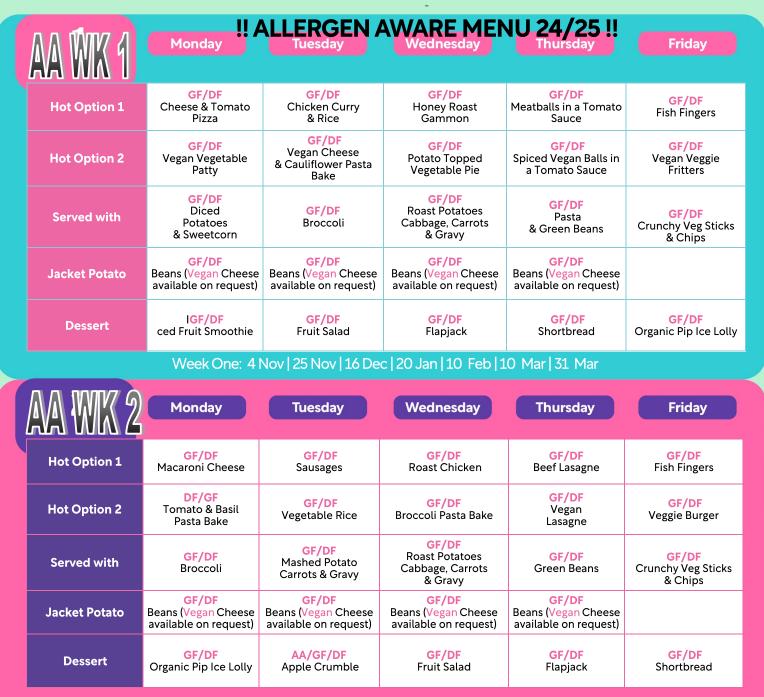
Complete our Special Diet Registration Form which is available from our website swnorse.co.uk

Your child may be eligible for a FREE school meal visit www.gov.uk/apply-free-school-meals





Please note the menu may be subject to change.



Week Two: 11 Nov | 2 Dec | 6 Jan | 27 Jan | 24 Feb | 17 Mar

AA WK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	GF/DF Cheese & Tomato Pizza	GF/DF Fish Pie	GF/DF Roast Pork & Apple Sauce	GF/DF Beef Bolognese	GF/DF Fish Fingers
Hot Option 2	GF/DF Vegan Mixed Bean Fajita	GF/DF Leek & Potato Pie	GF/DF Roasted Cauliflower 'Steak'	GF/DF Mediterranean Vegan Bolognese	GF/DF Vegan Pizza
Served with	GF/DF Potato Wedges & Sweetcorn	GF/DF Peas or Baked Beans	GF/DF Roast Potatoes Broccoli & Carrots Gravy	GF/DF Pasta Green beans	GF/DF Crunchy Veg Sticks & Chips
Jacket Potato	GF/DF Beans (Vegan Cheese available on request)	GF/DF Beans (Vegan Cheese available on request)	GF/DF Beans (Vegan Cheese available on request)	GF/DF Beans (Vegan Cheese available on request)	
Dessert	GF/DF Iced Fruit Smoothie	GF/DF Shortbread	GF/DF Fruit Jelly (V)	GF/DF Flapjack	GF/DF Organic Pip Ice Lolly

SOUTH WEST

Week Three: 18 Nov | 9 Dec | 13 Jan | 3 Feb | 3 Mar | 24 Mar

swnorse.co.uk